

THE VOYAGE

SENIOR LIVING

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Set Sail with Us

A NEW SCHOOL YEAR BRINGS NEW OPPORTUNITIES

Welcome and thank you for joining The Voyage Senior Living and our new newsletter!

We are very happy to have you with us as we set sail on new and exciting programs beginning this fall season. With that being said, The Voyage and SIU Saluki Athletics have teamed up for an amazing partnership filled with endless opportunities for both residents and local students.

Expect to see several events throughout the year where we are expanding fitness programs and intergenerational bonding; two areas that are essential to better one's livelihood and overall health.

Residents who are SIU Alumni and/or a Military Veteran are encouraged to share this information with their Social Services Coordinator to ensure that we have something special planned for them throughout the school year. For additional information, please call our Marketing office at 618-993-7533 EXT 5.

Thank you again for joining The Voyage Senior Living and the simple life that comes with it. #LifelsAVoyage



Contents

Set Sail

PAGE 01

The Anchor Community

PAGE 02

The Anna Community

PAGE 03

The Herrin Community

PAGE 04

The Marion Communities

PAGE 05

The Murphysboro
Communities

PAGE 06

Announcements

PAGE 07





AHOY, THE ANCHOR



September marks the beginning of the autumn season where pumpkin spice is almost as sweet as the residents at The Anchor!

This month there are several activities going on at The Anchor. There will be a piano concert with Bonnie on September 14th. Ross Allen will be performing on September 28th to celebrate September birthdays. Family and friends are encouraged to attend the BBQ party at 11:30a on September 28th with music at 2p.

It takes a team when it comes to care planning and ensuring that every need is being met. Family members and friends should be taking that extra step and discussing possible changes with Social Services or Administration. Please stop by for a visit if you have any questions or concerns regarding The Anchor and your family or friend!

A friendly reminder that masks are required upon entering The Anchor and are to be worn at all times when outside of an apartment. We appreciate your support in protecting our residents and staff at The Anchor!

Resident of The Month

JUNE BEAVERS

Hometown: Royalton, Illinois

Hobbies include arts and crafts and enjoying the company of her fellow residents!

A step back to the past for June was the memory of her brother coming back home during World War II when she was a little girl.

June's Hidden Talent is always helping her neighborhood residents but won't admit to it!

June's greatest accomplishment was working hard to raise her five children.





CATCHING UP WITH THE ANNA COMMUNITY

The Voyage Senior Living of Anna is thrilled to begin outings to Giant City Lodge and Flamm's Orchard this fall. Transportation to these venues is limited. We encourage family members to follow us or meet us at the venue. It is our goal to have as many residents join in the fun and we never want anyone to miss out. Please be mindful of future outings to ensure that everyone has a chance to catch a trip!



There are several events planned this month at The Voyage in Anna. Karaoke Joe will be performing on September 8th at 5:30p in the dining room. K&I Drifters will be performing on September 9th at 2p followed by prize bingo at 3p. Gary Roach will also be in the building on September 13th at 1p.

There are EIGHT birthdays this month! Please follow along with us on the Anna community activity calendar to wish everyone a very happy birthday! Resident Council will meet on September 27th at 1p in the main dining room. All residents are welcome to attend.

Masks are required upon entering The Voyage of Anna. Please keep your mask on when outside of an apartment to ensure the safety and wellbeing of our residents and staff. We sincerely appreciate you doing your part to mitigate the risk to our community members!

In Memory of Afton Davidson

08.22.1923 - 07.07.2022

Hometown: Anna, Illinois

Afton loved to write, garden, challenge herself with a crossword puzzle and she enjoyed winning bingo nearly every time she played.

Many did not know that Afton could look at a picture and freehand an identical copy without any tracing involved!

Afton's greatest accomplishment was raising three daughters with several grandchildren who made her very, very proud.

Afton will be missed dearly.





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WHAT'S HAPPENIN' IN HERRIN

The Voyage Senior Living of Herrin is excited to begin the autumn season with 'Feed the Ducks' at Herrin Park on September 9th at 9a. Family and friends are invited to join in the fun followed by lunch back at The Voyage of Herrin. Those who would like to take their resident out to lunch are highly encouraged to do so!

September 11th is National Grandparent's Day. This day recognizes the intergenerational bonding that has become a necessity in today's world. Please consider stopping by to celebrate those who have made us who we are!



Resident Council will meet on September 8th at 1:30p in the main dining room with business as usual. 'Trivia Tuesday' is offered each week this month. We invite family and friends to join The Voyage of Herrin as residents enjoy a cup of coffee while challenging their minds.

Active minds call for active bodies! In addition to 'Trivia Tuesday', we offer a session following lunch everyday to get out and enjoy the cooler weather. Although the heat is beginning to fade, residents are encouraged to stay hydrated and well rested for improved cognitive health!

As always, visits are welcome anytime! Please wear a mask upon entering The Voyage of Herrin and when outside of an apartment. Thank you for doing your part to aid in ensuring our residents, staff and visitors are as safe as possible.

Resident of The Month

JAMES SACHAN

Hometown: Vandalia, Illinois

James loves to bowl, garden and help out wherever he can! He enjoys feeling needed.

World War II is a familiar time for James as his brother had served in the service at the time.

Being the tall man that he is, James believes that he is sweeter than you might think (just look at his smile)!

James dedicated a majority of his time to working in janitorial services. He said this occupation fulfilled his constant need to feel wanted!





MAKING MARION PROUD

Marion North & South have a busy month planned this September! Residents, family and friends are encouraged to attend activities and programs in both buildings. Church services are back every Friday at 9a in the North community and 9a every Saturday in the South community. All are welcome to attend!

'Joy Singers' will be in the North community on September 13th at 10a! Residents from the South community will have transportation to and from the buildings. Bonnie will be performing with her piano on September 20th at 11a at the North community. She will also be playing at the South community on September 27th at 11a during lunch.



Resident Council will meet in the North community on September 16th at 1p and the South community will meet at 3:30p. All residents are welcome to attend. Dr. Dean will be available in the South community on September 19th and in the North community on September 22nd for podiatry needs.

Birthday celebrations will be taking place in the South community on September 29th at 1p. The North community will celebrate on September 30th at 2p.

Resident of The Month

PATRICK HARTY

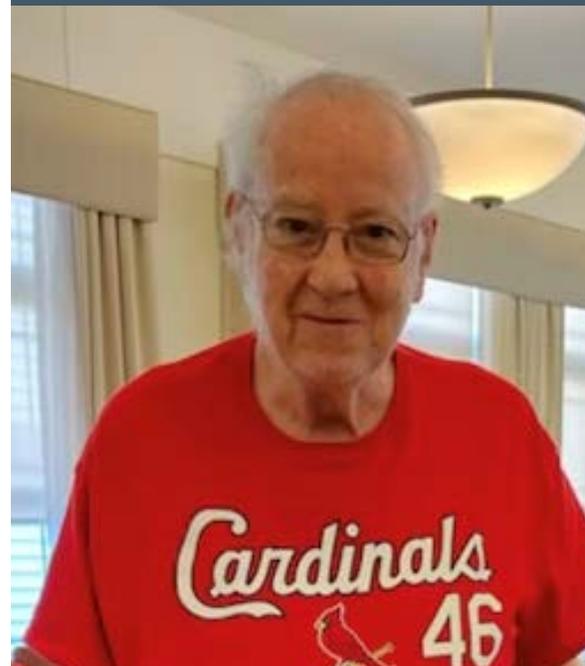
Hometown: Springfield, Illinois

You can always find Patrick watching the most recent Cardinals game or in the activity room riding the bicycle!

Something that not a lot of people would know about Patrick is that he once had a full beard!

Patrick worked in janitorial services at White Oak Mall in his hometown of Springfield for many years!

One of Patrick's greatest accomplishments was being on Student Council in high school.





MARVELOUS MURPHYSBORO

The Voyage Senior Living of Murphysboro took a ride on the wild side last month with 'Side-by-Side' rides with staff! For many, this was their first time riding on one and they haven't stopped smiling since! We plan to bring this activity to the other buildings later this fall.

September 13th at 11a residents will be having a 'One Hot Cookie' lunch outing followed by Bingo at 1p in the East community. "Explore the Voyage" walks will be happening on September 7th and 12th at 9a in both communities. We encourage family and friends to get out and stay active with us.



Each Sunday this month we will have church services available at 2p in the East community. Residents are encouraged to attend programs in both buildings, if they would like.

Resident Council will meet at 1p on September 26th in the East community and at 2p in the West community. Family and friends with any questions or concerns are asked to contact Chasity at 618-684-5818 EXT 1. Although we are generally informed about what is going on, we appreciate the extra step taken to ensure that we are covering any and all needs of our residents and their loved ones.

Happy 100th Birthday to Virginia Lewis on September 25th! We are so happy to have you!

Resident of The Month

PATRICIA HALL

Hometown: Salem, Illinois

Patricia is one of the three Country Store managers in Murphysboro East where she enjoys talking with other residents!

In her spare time, Patricia loves reading a good mystery book or playing bingo.

Two weeks after World War II Patricia met her husband who grew to be the love of her life!

Patricia was well known around Salem with her history of managing a filling station, grocery store and motel in town.





Setting Sail Next Month



LIFE IS A VOYAGE FESTIVAL

4 - 7 PM THURSDAY, OCTOBER 27TH
1500 Sandbar Dr. Marion, IL

ENJOY A FUN EVENING WITH BINGO, FOOD, LIVE MUSIC, A SILENT AUCTION, KID ZONE & MUCH MORE!



QUESTIONS ?
EMAIL ZAKARYB@VOYAGESENIORLIVING.COM
CALL 618-993-7533 EXT. 5
OR VISIT VOYAGESENIORLIVING.COM



Employees of The Month

- CHANEL NELSON
- NOREEN GRIFFIN
- KERRY WYATT
- LEJEANA CASTLEBERY
- DEBORAH THOMPSON
- DAVID BLOODWORTH
- KAITLYNN MOORE

THANK YOU FOR ALL THAT YOU DO FOR OUR RESIDENTS AND FELLOW STAFF MEMBERS!

PICTURED LEFT TO RIGHT





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