

THE VOYAGE

SENIOR LIVING

VOL. 1 · ISSUE 2 · NOVEMBER 2022



Set Sail with Us

BEING MINDFUL IS THE BEST MEDICINE

When it comes to health and safety, The Voyage Senior Living is committed to ensuring that our residents and staff are being as safe as possible when in one of our community campuses.

The Voyage promotes family involvement with care and engagement efforts. With that, comes the responsibility of our visitors to put the health and well-being of our residents first. Per The Voyage Senior Living, a proper face mask may be required according to the guidelines regarding community transmission rates per county. We understand that this might hinder the ability to see a familiar smile, but this minimizes the spread of infection.

Please do your part to ensure that we negate the risk to our residents and staff as you visit this upcoming holiday season.

The Voyage and all of our community members appreciate your cooperation as we work to follow state guidelines as they become available to us. Guidelines are subject to change at any time. Please follow the policy that is posted as you enter any of The Voyage Senior Living communities.



Contents

Set Sail

PAGE 01

The Anchor Community

PAGE 02

The Anna Community

PAGE 03

The Herrin Community

PAGE 04

The Marion North Community

PAGE 05

The Marion South Community

PAGE 06

The Murphysboro
Communities

PAGE 07

Announcements

PAGE 08





AHOY, THE ANCHOR



As the spooky season ends, the season that keeps on giving shall begin!

November is known to host many celebrations centered around food. November 3rd is National Sandwich Day, and November 28th is National French Toast Day! Taco Tuesday will also be taking place on November 8th for those who would like to join us for lunch at The Anchor.

Residents participated in a neighborhood decorating contest for Halloween, and we hope you were able to catch a peek of the spooky décor last week. This year's winner was the Peace neighborhood!

The Anchor will host Bonnie the Pianist on November 15th at 1pm. There is an Ice Cream Social on Veteran's Day, November 11th, from 1-3pm to honor those who have served in our military.

Dancing with Dementia will be on November 29th at 5pm in the Multi Function Room at The Anchor. Family and friends are highly encouraged to attend and be a part of this magical evening. Any questions about activities or care plans can be directed to Chrissy, Social Services Coordinator for The Anchor.

Resident of The Month

JEAN DAWSON

Hometown: Marion, Illinois

Hobbies include dancing, having her nails done and enjoying great food!

Jean was a bookkeeper, real estate agent, and even a coal miner.

A few great accomplishments for Jean include having her daughter and teaching real estate classes.

You can always find Jean with a smile on her face and cracking jokes with staff members.

Thank you for being with us, Jean!





CATCHING UP WITH THE ANNA COMMUNITY

The Anna community has revamped their activity calendar for the month of November and residents are so excited about it.

With the weather changing, staff at the Anna community would like to remind you that outings and activities are weather permitting and subject to change.



Residents are excited to begin their active days with 'Sittercise' every Friday at 10am. Weekly movie night will be every Saturday at 7pm streaming on Channel 2.

Resident Council will meet on November 29th, at 1pm in the dining room. Residents are encouraged to attend to better plan for December activities.

There are several performances this month with Gary Roach on November 8th at 1pm, Karaoke Joe on November 10th at 5:30pm, K&I Drifters on November 11th at 2pm and Norma & Danny Weaver performing on November 14th at 3pm.

Friday, November 18th, at 1pm there will be a Thanksgiving Party for anyone who is looking to celebrate with their fellow residents and staff members.

The Voyage Senior Living of Anna is excited to announce Amber Belcher as our new Social Services Coordinator! Amber is very excited to bring her fun, spunky and creative side to The Voyage!

Resident of The Month

JOANN LAMBERT

Hometown: Centralia, Illinois

Hobbies include gardening, puzzles and painting.

JoAnn had worked for SSM Good Samaritan Hospital and assisted with Red Cross blood donations.

Many might not know that JoAnn loves to ballroom dance to a good tune.

JoAnn would consider her children, grandchildren and gardens to be her greatest accomplishments!

We are so happy to have you, JoAnn!





THE VOYAGE

SENIOR LIVING

WHAT'S HAPPENIN' IN HERRIN

Residents and families have a packed schedule this month with a few new activities on the calendar for the Herrin community!

Resident Council will meet on November 16th at 10am. Residents are encouraged to attend to better plan for November activities.

November 11th, residents and staff will be honoring those who have served in the military with a 'Veteran's Appreciation' social at 1pm in the dining room. Family and friends are highly encouraged to join in the celebration!



'Trivia & Coffee' will be every Tuesday and Thursday morning at 9am for those who would like to start their day with a brain teaser.

The Herrin community will host their annual 'Give Thanks Gathering' on November 23rd, at 1pm in the dining room. Residents and staff will have a chance to share thanks with one another over some tasty treats. Please contact Carolyn, Social Services Coordinator, if you plan to attend.

As always, be sure to take the extra steps to ensure that we minimize the risk of infection entering the Herrin community and any other community of The Voyage. Staff and residents appreciate you keeping us in mind.

Resident of The Month

BRUCE RITTER

Hometown: Johnston City, Illinois

Bruce enjoys being outside, hunting, fishing, and playing the guitar!

During the second World War, Bruce did not see combat but was in the Navy stationed in Florida where they trained pilots.

Bruce can speak German and Spanish as he has traveled the world being to over 8 countries!

Within his lifetime, Bruce has worked as an Iron worker in Chicago where he enjoyed the brotherhood that came along with constructing a building with a group of guys.





MAKING NEWS AT MARION NORTH

As we make our way into the winter months, the Marion North community would like to remind you that wearing a mask, getting vaccinated and practicing social distancing are easy steps in minimizing infection this season!

This month, church services with Wade will be on Friday and Sunday mornings at 9am. The Joy Singers will be back on November 15th to perform a concert in the dining room.



Marion North will host a Thanksgiving party on November 23rd at 2pm in the dining room. Family and friends are welcome to join in the fun of giving thanks! In addition to giving thanks, November 11th is Veteran's Day to honor the brave men and women who served in our nation's military. Please stop by the Marion North community to show your appreciation on November 11th!

SIH will be in the community every Monday this month at 7am for those who are needing labs completed. Any questions can be directed to Allison, the Community Nurse.

The Marion North community will host their Resident Council meeting on November 18th, at 2pm in the dining room. Residents are highly encouraged to attend.

Resident of The Month

BERDELLA SKELCHER

Hometown: Marion, Illinois

Berdella enjoys gardening and watching TV with her fellow residents!

At the age of 15, Berdella met her first husband back in high school.

One of Berdella's greatest accomplishments was having her two boys.

Berdella gave up the sweet life of working for a candy company and transitioned to property management where she would then retire.

Thank you for being with us, Berdella!





THE SIMPLE LIFE AT MARION SOUTH

The Marion South community is excited for the cooler season with several indoor activities and movie nights each week this month!

On November 15th, the Joy Singers will be performing at 10am in the North community. Transportation will be provided to those who would like to attend from the South community. The Joy Singers will be followed by Lunch with Bag Toss and Board Games later in the afternoon on the 15th.



Resident Council will host their meeting on November 18th, at 1pm in the dining room. Those who would like to assist with the planning of December activities are encouraged to attend!

Bonnie, the pianist, will be performing on November 29th at 11am during lunch! Bring a friend and enjoy some blissful music with a delicious meal.

Church services with Wade will continue to be on Saturday mornings at 9am. Residents are welcome to attend if they are available! There will be a Thanksgiving party on November 23rd, at 2pm in the South dining room. Family and friends are highly encouraged to join as we celebrate a day of thanks.

Resident of The Month

JENIFER EVANS

Hometown: Cobden, Illinois

Jenifer can always be found enjoying the sun with her neighbors while people watching.

Something that many don't know about Jenifer is that her and her husband built a water filtration prototype that they then brought to Nicaragua where they were able to provide fresh drinking water to the local communities.

Jenifer is one of the most recent residents for the Marion South community with only being here for 2 months, and we are extremely thrilled to have her!





MARVELOUS MURPHYSBORO

The Voyage Senior Living of Murphysboro is now indulging in a few visits to other communities of The Voyage, specifically the Herrin community! These visits are known to create friendship, companionship and relationships that last a lifetime. Any questions regarding visits to other communities can be directed to Chasity, Social Services Coordinator for the Murphysboro community.

With fun comes business. Resident Council will meet on November 28th, at 1pm in the East dining room and 2pm in the West dining room. All residents who are able to attend should be attending these brief meetings.



Each Wednesday there will be Chair Exercise class starting at 9am. All are welcome to come out and get their blood pumping!

Many have been wondering where to attend activities for the Murphysboro communities. Residents from either of the two communities are able to attend activities in both communities! There are no restrictions when it comes to visiting either community. Please keep in mind your health and safety in regard to COVID cases in the area.

Family and friends are invited to the Murphysboro community on November 21st for a Thanksgiving party at 1pm in the East community. Let us all share in giving thanks this season.

Resident of The Month

VIRGINIA LEWIS

Hometown: Murphysboro, Illinois

Virginia loves to be with her family and friends while sitting outside bird watching.

In the past, Virginia ran 5k's where she earned many trophies that she then donated to Roosevelt Square in Murphysboro.

Virginia's greatest accomplishment in life has been living to be 100 years young!

To make a living, Virginia had worked as a secretary for a few local businesses within southern Illinois.





Setting Sail This Month

DON'T FORGET TO
VOTE!
NOVEMBER 8



DONATE NOVEMBER 29TH AT WWW.GIVESI.ORG



Employees of The Month

TINA MORRIS

ROB SHEPARD

FLORIE SCOTT

BRIDGETT CLOVER

MEGAN WHITE

MORENA GARCIA

THANK YOU FOR ALL THAT YOU DO FOR OUR RESIDENTS AND FELLOW STAFF MEMBERS!

PICTURED LEFT TO RIGHT

